

2018 SLCC 72-Hour Kit Update Guide

As many of you may be aware, the red 72-hour kits that the college purchased several years ago have emergency food and water that are now expired. SLCC Emergency Management along with Public Safety have put this guide together to aid you in updating these important resources. **Each department is responsible for updating and maintaining their own 72-hour kits.**

The vendor we initially obtained the kits from is moreprepared.com. This company offers 72-hour replacement kits to replace the water and food in your kit. They also offer variety of other supplies. The State of Utah has contracted with More Prepared for emergency preparedness kits and supplies with discounts and free shipping on some items. Their website is <https://www.moreprepared.com/custom-emergency-kits/available/state-of-utah>.

However, this does not mean that you must obtain your 72-hour kits / supplies through moreprepared.com. There are many other resources. You may want to simply purchase a case or two of water and some granola bars to replace expired food and water. This is significantly less expensive; however, the shelf life will be shorter and will need replacement more frequently.

While the red 72 hour kits came with specific contents, there is no absolute requirement for their content. Below is suggested kit content.

Suggested Kit Contents:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation.
- Food, at least a three-day supply of non-perishable food,
- Battery-powered or hand crank radio with NOAA Weather Radio station and extra batteries.
- Flashlight and extra batteries, Light Stick, (It is not recommended to use candles as they create a fire hazard)
- First Aid Kit
- Whistle to signal for help
- Dust mask (OSHA Approved N95)
- Plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, tissues / toilet paper, garbage bags, and plastic ties for personal sanitation
- Emergency reference material (Local maps, First Aid Guide, Contact list, etc.)
- Emergency Thermal Blanket
- Rain Poncho with Hood
- Hand Warmers
- Knife or box cutter
- Pair of Work Gloves

As with all emergency supplies, make sure whatever you use that it is regularly updated and maintained. Know what is in your bag and when it expires, replace it. Know how to use what you have in your bag.

Additional 72-Hour Kit Resources

<https://www.utah.gov/beready/family/get-a-kit.html>

<https://www.ready.gov/build-a-kit>

<https://i.slcc.edu/emergency-prepare/index.aspx>

If you have any questions feel free to contact us:

Lisa Schwartz, Emergency Manager

Salt Lake Community College Campuses

801-957-4963

lisa.schwartz@slcc.edu

Mike Gale

Emergency Management Coordinator

Salt Lake Community College

(801) 957-4538

Michael.gale@slcc.edu